



The Discipline of Prayer

What is prayer to you?

GENESIS 32:22-32 - JACOB
WRESTLES WITH GOD



Come as a Child

7 Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. 8 For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. 9 Or which one of you, if his son asks him for bread, will give him a stone? 10 Or if he asks for a fish, will give him a serpent? 11 If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him! Matthew 7:7-11 ESV

1

Come messy
like a child

2

Ask like a child

3

Believe like a
child

4

Play like a
child

Adoration

Submission

Petition

Confession

Preservation

Solitude

Matthew 6:6 ESV But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

- What is Solitude?
 - Solitude is intentional isolation for a spiritual purpose. It can enable spiritual growth and direction through reflection, prayer and study of God's word in order to renew a relational closeness to God.
- The Need of Solitude
 - We get depleted of resources within ourselves – usually when we are busy
 - Being aware of our own limitations
- The Challenges to Solitude
 - External and Internal Silence
- The Energy Gained from Solitude
 - Reminded of our helplessness and God's strength
 - Guides us back the truth

“Is prayer your steering wheel or your spare tire?” **Corrie Ten Boom**