



Be Happy! Don't Worry!

Clementsvalle, August 2025

Blessed is the man that walketh not in the counsel of the ungodly,
nor standeth in the way of the sinners, nor sitteth in the seat of the
scornful. But his delight is in the Law of the Lord; and in His law doth
he meditate day and night. And he shall be like a tree planted by the
rivers of water, that bringeth forth his fruit in his season;
His leaf also shall not wither; and whatsoever he doeth shall prosper.

The ungodly are not so:
but are like the chaff which the wind driveth away.
Therefore the ungodly shall not stand in the judgment,
nor sinners in the congregation of the righteous.

For the Lord knoweth the way of the righteous:
but the way of the ungodly shall perish.

How to be a happy believer

- **Psalm 1 - Happiness and holiness.**
- “O the happiness of that one” (YLT)
- “How happy is the one” (CSB)
- “O the blessednesses (or happinesses) of the man” (Newberry)

How to be a happy believer

- Psalm 1 - Happiness and holiness.
- **Psalm 2 - Happiness and hopefulness.**
- “O the happiness of all trusting in Him!” (YLT)
- “All who take refuge in him are happy.” (CSB)

The Design of the Psalter

Songs of the Saviour

- **Inspired Songs:**
 - where did they come from?
- **Intense Songs:**
 - what do they express?
- **Instructive Songs:**
 - what do we learn?

The Design of the Psalter

Superscriptions of the Psalms

- 116/150 have superscriptions
- Authorship & Background & Classification

The Design of the Psalter

The Structure in the Book

- **Chance:**
 - is the order coincidental?
- **Completion:**
 - how did the Psalter take its form?
- **Connections:**
 - are there links between consecutive Psalms?

The Design of the Psalter

The Structure in the Book: CONNECTIONS

Psalms 1-2:

The **Representation** of the King

Psalms 3-14:

The **Rejection** of the King

Psalms 15-24:

The **Reception** of the King

The Design of the Psalter

The Structure in the Book: CHIASMMS

Psalms 15-24: The Reception of the King

Psalms 15: Entrance Psalm

Psalms 16: Psalm of Trust

Psalms 17: Plea for Help

Psalms 18: Royal Psalm

Psalms 19: Wisdom Psalm

Psalms 20/21: Royal Psalms

Psalms 22: Plea for Help

Psalms 23: Psalm of Trust

Psalms 24: Entrance Psalm

The Design of the Psalter

The Sections of the Book Five in One

- **Authorship**
- **Association** with the Pentateuch

Book 1	1-41	Genesis
Book 2	42-72	Exodus
Book 3	73-89	Leviticus
Book 4	90-106	Numbers
Book 5	107-150	Deuteronomy

The Design of the Psalter

The Sections of the Book

Book 1	1-41	Genesis	Man & Creation (8 & 19)
Book 2	42-72	Exodus	Ruin (44.13-14); Redemption (61.3-4); Glory (72)
Book 3	73-89	Leviticus	Worship & Sanctuary (73.17; 84.1-2)
Book 4	90-106	Numbers	Wilderness Experience (95.8-11; 106)
Book 5	107-150	Deuteronomy	Law (119) God's faithfulness (136)

Some Direction in Reading the Psalter

- **Packer**: “not just head to head, but heart to heart”.
- **Poetry**: affections & emotions
- **Plan**: quickly, and slowly
- **Probe**: what did the psalmist know?
- **Profusion**: quotations in the NT

The Message of the Psalms

- The **WORD** of God:
 - Psalms 1; 19; 119
- The **KINGDOM** of God:
 - Psalms 2; 72; 93
- The **SERVANT** of God:
 - Psalms 22; 69

The Men in the Psalms

- The **Saints**:
 - the “righteous”
- The **Sinners**:
 - the “ungodly”
- The **Saviour**:
 - the “Anointed”

Some of My Motivation to Read the Psalms

- What I learn about...
 - **Person of God: Deity**
 - **People: Humanity**
 - **Providence: Adversity & Prosperity**
- “These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me.” Lk 24.44

Psalm 1

Happiness is related to Holiness

- He Realizes the **DANGERS**
- He Recognizes the **DELIGHT**
- He Recalls with **DILIGENCE**
- He has Regular **DEVELOPMENT**
- We see a Real **DISTINCTION**